

My Beautiful Golden Hands

Italy's 1st Annual Microanastomosis Symposium for Neurosurgical Residents

Tuesday September 23rd, 2025

Registration opens at 14:00

University of Brescia – Laboratory of Histology

Viale Europa 11 - 25123 Brescia | Italy

U.O.C. Neurochirurgia di Brescia – Università degli Studi di Brescia Prof. Marco M. Fontanella









Objectives of the Microanastomosis Symposium



The Symposium is dedicated to cultivating deliberate practice and refining manual dexterity—a capacity forged through enduring aspiration, disciplined commitment, methodical repetition.

By convening leading experts, and innovative methodologies, by fostering a culture of continuous improvement, it aspires to elevate and harmonize microsurgical - exoscopic training standards across Italy's neurosurgical residency programs.

My Beautiful Golden Hands Italy's 1st Annual Microanastomosis Symposium for Neurosurgical Residents



Tuesday September 23rd, 2025

	Time	Event	Description
	14:00	Registration	
	15:00	Symposium I: Foundations of Dexterity	Dural Closure
	15:30	Symposium II: Refinement of Technique	End-to-End anastomosis
	16:30	Symposium III: Pinnacle of Mastery	End-to-Side anastomosis
The state of the s	18:00	Awards Ceremony	Awards

Italy's 1st Annual Microanastomosis Symposium 2025 Committee



Alessio Albanese

Policlinico Universitario A. Gemelli Roma, IT

Joshua B. Bederson

Mount Sinai New York City New York, USA

Carlo Bortolotti

Istituto delle Scienze Neurologiche Bologna, IT

Marco Cenzato

Niguarda Milano, IT

Christian Cossandi

Ospedale Maggiore della Carità Novara, IT

Rina Di Bonaventura

Policlinico Universitario A. Gemelli Roma, IT

Giuseppe Esposito

Zürich Universitätsspital Zürich, CH

Alessia Fratianni

Azienda Universitaria di Parma Parma, IT

Giuseppe Lanzino

Mayo Clinic Rochester Minnesota, USA

Kristy Latour

Università degli Studi di Brescia Brescia, IT

Carmelo L. Sturiale

Policlinico Universitario A. Gemelli Roma, IT

Session N° I: Dural Closure Start 15:00 15 minutes

- Participants admitted:
 1st to 5th year residents regularly enrolled in a Neurosurgery Residency Program
- Material Synthetic Membrane
- Stitches
 5 0 suture
 10 simple interrupted sutures
- No depth

Judges Committee of Session I°: Di Bonaventura, Sturiale & Cossandi

- Suture spacing & uniformity: 0 2 points
- Tissue approximation: 0 2 points
- Knot quality: 0 2 points
- Cut-off to proceed to Session II°
 3 points out of 6
- Timing is measured & collected

Session N° II: End-to-end Start 15:30 30 minutes

- Participants admitted:
 1st to 5th year residents who have passed
 Session I°
- Material2 mm silicon tube
- Stitches10 0 suture
- No depth

Judges Committee of Session II°: Cenzato, Albanese & Esposito

- Tube alignment & tension: 0 2 points
- Suture placement: 0 2 points
- Knot quality: 0 2 points
- Anastomosis patency: 0 2 points
- Cut-off to proceed to Session III°
 4 points out of 8
- Timing is measured & collected

Session N° III: End-to-side Start 16:30 45 minutes

- Participants admitted:
 1st to 5th year residents who have passed
 Session II°
- Material2 mm silicon tube
- Stitches10 0 suture
- Fish mouth technique

Judges Committee of Session III°: Lanterna, Bortolotti & Fratianni

- Tube alignment & tension: 0 2 points
- Suture spacing: 0 2 points
- Bite size: 0 2 points
- Knot quality: 0 2 points
- Anastomosis patency: 0 2 points
- Cut-off to pass the Final Session6 points out of 10
- Timing is measured & collected

Microanastomosis Closing Ceremony & Final Remarks

In recognition of excellence, discipline & the pursuit of technical mastery

2025 Final Panel Chair: Professor Joshua B. Bederson

Chair of Neurosurgery at The Mount Sinai Health System, New York - USA

Award I: "Consistent Microanastomosis Practice"

Honoring the participant who demonstrates technique and precision at each session.

Award II: "Steady End-to-Side Anastomosis"

Recognizing the individual who combines speed and precise end-to-side anastomosis.

Award III: "Early Commitment Recognition"

Celebrating the youngest resident who successfully completes all sessions.

My Beautiful Golden Hands Italy's 1st Annual Microanastomosis Symposium for Neurosurgical Residents



In recognition of excellence, discipline & the pursuit of technical mastery

Application Opening: July 6th 2025

Application Fee: 100 Euro

Contact Information: bresciamicrosurgery@gmail.com