# My Beautiful Golden Hands Italy's 1<sup>st</sup> Annual Microanastomosis Symposium for Neurosurgical Residents





**Registration opens at 14:00** University of Brescia – Laboratory of Histology Viale Europa 11 - 25123 Brescia | Italy

Tuesday September 23<sup>rd</sup>, 2025

U.O.C. Neurochirurgia di Brescia – Università degli Studi di Brescia Prof. Marco M. Fontanella



# **Objectives of the Microanastomosis Symposium**

#### **2025** *Directors*

#### Marco M. Fontanella Università degli Studi di Brescia | Brescia, IT



UNIVERSITÀ DEGLI STUDI DI BRESCIA

Andrea L. Lanterna Papa Giovanni XXIII | Bergamo, IT



Azienda Ospedaliera Papa Giovanni XXIII Bergamo

The Symposium is dedicated to cultivating deliberate practice and refining manual dexterity a capacity forged through disciplined commitment, enduring aspiration, and methodical repetition.

By convening leading experts, leveraging innovative methodologies, and fostering a culture of continuous improvement, it aspires to elevate and harmonize microsurgical and exoscopic training standards across Italy's neurosurgical residency programs.

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	Time	Event	Description
	14:00	Registration	
A State	15:00	Symposium I: Foundations of Dexterity	Dural Closure
	15:30	Symposium II: Refinement of Technique	End-to-End anastomosis
THE WAR	16:30	Symposium III: Pinnacle of Mastery	End-to-Side anastomosis
W P P	18:00	Awards Ceremony	Awards

### Italy's 1<sup>st</sup> Annual Microanastomosis Symposium 2025 Committee



**Alessio Albanese** Policlinico Universitario A. Gemelli Roma, IT

**Joshua B. Bederson** Mount Sinai New York City New York, USA

**Carlo Bortolotti** Istituto delle Scienze Neurologiche Bologna, IT

> **Marco Cenzato** Niguarda Milano, IT

**Christian Cossandi** Ospedale Maggiore della Carità Novara, IT

**Rina Di Bonaventura** Policlinico Universitario A. Gemelli Roma, IT **Giuseppe Esposito** Zürich Universitätsspital Zürich, CH

**Alessia Fratianni** Azienda Universitaria di Parma Parma, IT

> **Giuseppe Lanzino** Mayo Clinic Rochester Minnesota, USA

**Kristy Latour** Università degli Studi di Brescia Brescia, IT

**Carmelo L. Sturiale** Policlinico Universitario A. Gemelli Roma, IT Session N° I: Dural Closure Start 15:00 15 minutes

- Participants admitted: 1<sup>st</sup> to 5<sup>th</sup> year residents regularly enrolled in a Neurosurgery Residency Program
- Material Synthetic Membrane
- Stitches
   7 0 black monofilament
   10 simple interrupted sutures
- No depth

Judges Committee of Session I°: Di Bonaventura, Sturiale & Cossandi

- Instrument handling: 0 2 points
- Suture spacing & uniformity: 0 2 points
- Tissue approximation: 0 2 points
- Knot quality: 0 2 points
- Cut-off to proceed to Session II° 4 points out of 8
- Timing is measured & collected

# Session N° II: End-to-end Start 15:30 30 minutes

- Participants admitted: 1st to 5<sup>th</sup> year residents who have passed Session I°
- Material
  2 mm silicon tube (Biomet)
- Stitches
  9 0 black monofilament
- No depth

Judges Committee of Session II°: Cenzato, Albanese & Esposito

- Instrument handling: 0 2 points
- Tube alignment & tension: 0 2 points
- Suture placement: 0 2 points
- Knot quality: 0 2 points
- Anastomosis patency: 0 2 points
- Cut-off to proceed to Session III° 6 points out of 10
- Timing is measured & collected

Session N° III: End-to-side Start 16:30 45 minutes

- Participants admitted: 1st to 5<sup>th</sup> year residents who have passed Session II°
- Material
  2 mm silicon tube (Biomet)
- Stitches
   9 0 black monofilament
- No depth

Judges Committee of Session III°: Lanterna, Bortolotti & Fratianni

- Tube alignment & tension: 0 2 points
- Suture spacing: 0 2 points
- Bite size: 0 2 points
- Knot quality: 0 2 points
- Anastomosis patency: 0 2 points
- Cut-off to pass the Final Session
   6 points out of 10
- Timing is measured & collected

Microanastomosis Closing Ceremony & Final Remarks In recognition of excellence, discipline, & the pursuit of technical mastery

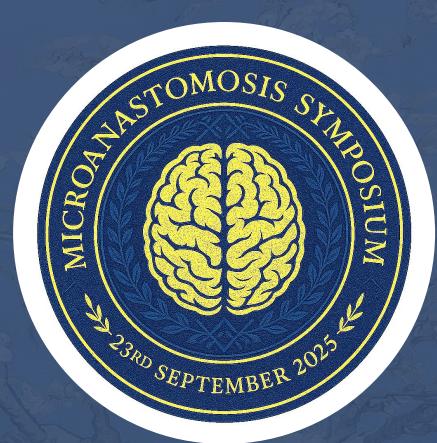
2025 Final Panel Chair: Joshua B. Bederson System Chair of Neurosurgery at The Mount Sinai Health System, New York – USA

Award I: "Consistent Microanastomosis Practice" Honoring the participant who demonstrates technique and precision at each session.

Award II: "Steady End-to-Side Anastomosis" Recognizing the individual who combines speed and precise end-to-side anastomosis.

Award III: "Early Commitment Recognition" Celebrating the youngest resident who successfully completes all sessions.

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Application Opening: July 6<sup>th</sup> 2025 **Application Fee:** 100 Euro

**Contact Information:** <u>bresciamicrosurgery@gmail.com</u>